



◀ June		~ July 2012 ~					August ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	
<b>8</b>	<b>9</b> Stress-relief Activity:  water aerobics/swim lesson  11am-12pm Gage Park 2411 w 55 <sup>th</sup> st	<b>10</b>	<b>11</b> Stress-relief Activity:  Lap swim/swim lesson  11am-12pm Gage Park 2411 w 55 <sup>th</sup> st	<b>12</b>	<b>13</b>	<b>14</b> Hip 2 Be Fit: Fitness 4 a Cause  "Stop the violence"  Lake front water aerobics  Time 5-7pm	
<b>15</b>	<b>16</b>	<b>17</b> Stress-relief Activity:  water aerobics/swim lesson  3:15pm-4pm Gage Park 2411 w 55 <sup>th</sup> st	<b>18</b>	<b>19</b> Stress-relief Activity:  Lap swim/swim lesson  3:15pm-4pm Gage Park 2411 w 55 <sup>th</sup> st	<b>20</b>	<b>21</b> Hip 2 Be Fit Fitness 4 a Cause  "Stop the violence"  Midnight bike ride	
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b> Stress-relief Activity:  water aerobics/swim lesson  6:15pm-7pm Gage Park 2411 w 55 <sup>th</sup> st	<b>28</b>	

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<b>29</b> Stress-relief Activity:  Lap swim/swim lesson  6:15pm-7pm Gage Park 2411 w 55 <sup>th</sup> st	<b>30</b>	<b>31</b>	<b>Notes:</b>				